

BASIC \$30

A basic health checkup to monitor your well-being, including testing for blood sugar and cholesterol levels with primary tests including:

LIPIDS PROFILE

Total Cholesterol | HDL Cholesterol | LDL Cholesterol | Direct LDL* | Chol/HDL Ratio | Triglycerides

DIABETIC SCREEN

HbA1C | eAG (Estimated Average Glucose)

All packages can be done non-fasting

ESSENTIAL \$88

An essential health screening package with vital tests for early detection and prevention with 65 biomarkers including:

HAEMATOLOGY

Full Blood Count | ESR

LIPIDS PROFILE

Total Cholesterol | HDL Cholesterol | LDL Cholesterol | Direct LDL* | Chol/HDL Ratio | Triglycerides

DIABETIC SCREEN

HbA1C | eAG (Estimated Average Glucose)

KIDNEY/RENAL FUNCTION

Urea | Creatinine | Sodium | Potassium | Chloride | CO₂ (Bicarbonate) | eGFR | Urine Microalbumin/Creatinine Ratio

BONE & JOINTS PROFILE

Calcium | Phosphate | Uric Acid | Rheumatoid Factor (RF)

LIVER FUNCTION

Total Protein | Albumin | Globulin | A/G Ratio | Total Bilirubin | Indirect Bilirubin* | Alkaline Phosphatase | AST/SGOT | ALT/SGPT | GGT

URINALYSIS

Urine FEME

All packages can be done non-fasting

ENHANCED \$158

An enhanced health screening package comprising of more detailed tests with 70 biomarkers including:

HAEMATOLOGY

Full Blood Count | ESR

LIPIDS PROFILE

Total Cholesterol | HDL Cholesterol | LDL Cholesterol | Direct LDL* | Chol/HDL Ratio | Triglycerides

INFLAMMATORY MARKER

hsCRP

DIABETIC SCREEN

HbA1C | eAG (Estimated Average Glucose)

KIDNEY/RENAL FUNCTION

Urea | Creatinine | Sodium | Potassium | Chloride | CO₂ (Bicarbonate) | eGFR | Urine Microalbumin/Creatinine Ratio

BONE & JOINTS PROFILE

Calcium | Phosphate | Uric Acid | Rheumatoid Factor (RF)

LIVER FUNCTION

Total Protein | Albumin | Globulin | A/G Ratio | Total Bilirubin | Indirect Bilirubin* | Alkaline Phosphatase | AST/SGOT | ALT/SGPT | GGT

THYROID FUNCTION

Free T₄ (FT₄) | Thyroid Stimulating Hormone (TSH)

HEPATITIS SCREEN

Hepatitis Bs Antigen (HBsAg) | Hepatitis Bs Antibody (HBsAb) | Hepatitis A Total IgG

TUMOUR MARKERS

Alpha Fetoprotein (AFP) | Carcinoembryonic Antigen (CEA)

URINALYSIS

Urine FEME

All packages can be done non-fasting

COMPLETE \$228

A complete screening package with various in-depth and extensive tests with 80 biomarkers including:

HAEMATOLOGY

Full Blood Count | ESR

LIPIDS PROFILE

Total Cholesterol | HDL Cholesterol | LDL Cholesterol | Direct LDL* | Chol/HDL Ratio | Triglycerides

INFLAMMATORY MARKER

hsCRP

DIABETIC SCREEN

HbA1C | eAG (Estimated Average Glucose)

KIDNEY/RENAL FUNCTION

Urea | Creatinine | Sodium | Potassium | Chloride | CO₂ (Bicarbonate) | eGFR | Urine Microalbumin/Creatinine Ratio

BONE & JOINTS PROFILE

Calcium | Phosphate | Uric Acid | Rheumatoid Factor (RF)

LIVER FUNCTION

Total Protein | Albumin | Globulin | A/G Ratio | Total Bilirubin | Indirect Bilirubin* | Alkaline Phosphatase | AST/SGOT | ALT/SGPT | GGT

THYROID FUNCTION

Free T₄ (FT₄) | Thyroid Stimulating Hormone (TSH)

IRON STUDIES

Iron | Total Iron Binding Capacity (TIBC) | % Iron Saturation | Transferrin | Ferritin

VITAMIN DEFICIENCY

Folate/Folic Acid | Vitamin B12

HEPATITIS SCREEN

Hepatitis Bs Antigen (HBsAg) | Hepatitis Bs Antibody (HBsAb) | Hepatitis A Total IgG | Anti-HCV

TUMOUR MARKERS

Alpha Fetoprotein (AFP) | Carcinoembryonic Antigen (CEA) | PSA (Male) / CA125 (Female)

URINALYSIS

Urine FEME

STOOL ANALYSIS

Stool Occult Blood (Immunological)

All packages can be done non-fasting

STEP 1: BOOK an appointment

- Visit our **website** or contact any of our clinics to make an appointment for your health screening.
- Pre-register yourself by filling up the **Online Registration Form**, which you can find in the booking confirmation sent to your e-mail for a smoother experience on the day of your appointment.

STEP 2: PREPARE for your blood test

- Ensure you have your **NRIC/ Work Permit/Identification Document**
- Bring along any **past medical reports** to your appointment (if any)
- Some packages may require stool and urine samples. To ensure you will receive the full report as soon as possible, it will be great if you can give us the samples on the **same day**.

STEP 3: ARRIVE at your preferred clinic

- **Register** with our clinic staff and inform them of the package you wish to do
- Don't worry if you're unsure, our friendly doctors will be happy to advise you on the **suitability** of the packages for you.
- After the necessary samples have been received, your results will be out in **48 hours**.

STEP 4: COLLECT your health screening report

- Our doctors will go through each aspect of the report with you and give recommendations based on your results.

FOR ENQUIRIES, PLEASE CONTACT OUR CLINICS BELOW:

Bukit Merah Family Clinic

133 Jalan Bukit Merah, #01-1516
Singapore 160133

Tel: 6513 0103 **WhatsApp:** 8911 7616

E-mail:
contact-bm@districtfamilyclinic.com

Petir Family Clinic

109 Ganga Road, #01-1151
Singapore 670108

Tel: 6513 9155 **WhatsApp:** 8911 7818

E-mail:
contact-bpj@districtfamilyclinic.com

Normanton Medical Clinic

63 Normanton Park, #01-87
Singapore 117287

Tel: 6513 5239 **WhatsApp:** 8911 3700

E-mail:
contact@normantonmedical.com

STD SCREENING PACKAGES

BASIC

\$65

HIV Ag/Ab | Syphilis TP Ab (VD) | RPR & TPPA (If Syphilis TP Ab Reactive)

STANDARD

\$170

Chlamydia Trachomatis (CT) | Neisseria Gonorrhoeae (NG) | HIV Ag/Ab | Syphilis TP Ab (VD) | RPR & TPPA (If Syphilis TP Ab reactive)

STANDARD+

\$350

Chlamydia Trachomatis (CT) | Neisseria Gonorrhoeae (NG) | Trichomonas Vaginalis (TV) | Herpes Simplex Virus Type I IgG | Herpes Simplex Virus Type II IgG | HIV Ag/Ab | Syphilis TP Ab (VD) | RPR & TPPA (If Syphilis TP Ab reactive) | Urine FEME

COMPREHENSIVE

\$480

Chlamydia Trachomatis (CT) | Neisseria Gonorrhoeae (NG) | Trichomonas Vaginalis (TV) | Mycoplasma Genitalium (MG) | Herpes Simplex Virus Type I IgG | Herpes Simplex Virus Type II IgG | Hepatitis Bs Antigen (HbsAg) | Hepatitis Bs Antibody (HbsAb) | Hepatitis C Antibody Anti-HCV | HIV Ag/Ab | Syphilis TP Ab (VD) | RPR & TPPA (If Syphilis TP Ab reactive) | Urine FEME

ALLERGY TESTING

\$678

Our comprehensive allergy testing covers 19 different categories of allergens and is done via a simple blood test.
No more itching or discomfort!

DUST MITES

- Dermatophagoides pteronyssinus
- Dermatophagoides farina

FUNGI

- Cladosporium herbarium
- Aspergillus fumigatus
- Alternaria alternate

POLLEN

- Johnson Grass
- Bermuda grass
- Timothy grass
- Mugwort

INSECT (COCKROACHES)

- Cockroach (American)
- Cockroach (German)

NUTS

- Cashew Nut
- Hazelnut
- Almond

SEEDS AND LEGUMES

- Sesame
- Mustard Seed
- Pea
- Peanut
- Soybean

ANIMALS EPIDERMALS / DANDERS

- Cat
- Dog
- Hamster

SEAFOOD

- Blue Crab
- Squid
- Crab
- Oyster
- Shrimp (Pacific)

FISH

- Codfish
- Tuna
- Salmon

MEAT

- Pork
- Beef
- Chicken

GRAINS

- Wheat flour
- Maize flour
- Rice
- Gluten

OTHERS

- Baker's Yeast

MILK

- Cow's Milk
- Goat's Milk

MILK COMPONENT

- nBos d4 α -lactalbumin
- nBos d5 β -lactoglobulin
- nBos d8 Casein

EGG COMPONENT

- nGal d2 Ovalbumin (Egg White)
- nGal d1 Ovvomuroid (Egg White)

FRUITS

- Apple
- Kiwi
- Banana
- Peach
- Avocado

PEANUT COMPONENT

- rAra h2 (Peanut)
- rAra h9 (Peanut)

OCCUPATIONAL

- Latex